FOR VOCATIONAL REHABILITATION QUESTIONS, YOUR CASE COORDINATOR’S DIRECT CONTACT INFORMATION IS:

A-Z Phone: 757-664-5047
Fax: 757-823-5981

YOUR MEDICAL RESOURCES
Available on www.conrail.com website:
Look under “Employee Information”
• Medical Condition and Medication Guidance
• Educational resources about medication
• Return-to-Work Checklist
• Return-to-Work Information Sheet
• Medical fax cover sheet
• Health Questionnaire (non-medical absence ≥1 yr)
• and more…
Available on ERC:
Click on Employee Self Service tab, then on Medical Information
• All of the above resources, and…
• Red Flyer for Employees
• Resources Summary Chart for Employees
• Physical Exam Checklists (for T&E / CDL driver)

Best way to send records:
Fax or email your records directly to your case coordinator (call your case coordinator for his/her direct email address).

Alternate ways:
Email to medicalrecords@nscorp.com
Fax to 866-627-0592 or
Mail to Conrail Medical Department.

Conrail Medical Department
Phone 800-552-2306
Three Commercial Place
Norfolk, VA 23510-9202
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